

CARDIOVASCULAR DISEASE (ADULTS AGED 35 AND OLDER)

History of heart attack, angina, other coronary heart disease, or stroke

- Overall in 2000, 10% of Montana adults aged 35 and older (unweighted N=2356) reported that their doctor had ever told them that they had had a heart attack, angina, or other coronary heart disease, or stroke.
- The rate was higher among males (12%) than females (8%) of having had any one or more of these diagnoses.
- The rate substantially increased with increasing age, from less than one percent in the 35-44 year age group to almost one-quarter (25%) of the 65 or older year age group.

Note: This includes adult Montanans who responded “yes” to one or more of the three conditions.

Has a doctor ever told you that you had a heart attack or myocardial infarction?

- In 2000, 5% of Montana adults aged 35 and older reported that they had ever been told that they had a heart attack.
- Males (6%) were more likely to report having been told that they had a heart attack than females (4%).
- The percentage of adults reporting that they had a heart attack increased with increasing age.
- Adults with less than a high school education (>14%) were more likely to report having had a heart attack than adults with higher levels of education (<5%).
- Adults reporting annual household incomes less than \$25,000 (>6%) were more likely to report having been told they had a heart attack than adults with higher annual household incomes (<3%).

Has a doctor ever told you that you had angina or coronary heart disease?

- In 2000, 6% of Montana adults aged 35 and older reported that they had ever been told that they had coronary heart disease.
- Males (7%) were more likely to report having been told they had coronary heart disease than females (4%).
- The percentage of adults reporting that they had coronary heart disease increased with increasing age.
- Adults with less than a high school education (>10%) were more likely to report having coronary heart disease than adults with a college degree (<4%).
- Adult Montanans with annual household incomes of less than \$25,000 (>8%) were more likely to have been told they had coronary heart disease than adults reporting annual household incomes of \$75,000 or more (1%).

Has a doctor ever told you that you had a stroke?

- In 2000, 3% of Montana adults aged 35 and older reported that they had ever been told that they had a stroke.
- The percentage of adults reporting that they had a stroke increased with increasing age.
- Adults with less than a high school education were more likely (>9%) to have been told they had a stroke than either high school graduates (2%) or college educated adults (≥2%).
- Adults reporting annual household incomes less than \$25,000 (>6%) were more likely to report having been told they had a stroke than adults with annual household incomes greater than or equal to \$50,000 (<1%).

Do you take aspirin daily or every other day?

- Thirty percent ($\pm 2\%$) of Montana adults aged 35 and older reported in 2000 that they take aspirin daily or every other day.
- The percentage of adults aged 35 and older who reported that they take aspirin daily or every other day increased with increasing age class; from 13% ($\pm 2\%$) of adults aged 35 to 44 to 48% ($\pm 5\%$) of adults aged 65 and older.

Table 8. Cardiovascular Disease, Montana Adults Aged 35 and Older, 2000 (with 95% confidence intervals).									
	Ever told you had a heart attack			Ever told you had coronary heart disease			Ever told you had a stroke		
	Total No.	WT.%	CI	Total No.	WT.%	CI	Total No.	WT.%	CI
All Adults: 2000	2364	4.9	3.8-5.9	2362	5.7	4.4-7.1	2365	3.1	2.2-4.0
Sex:									
Male	1002	6.2	4.3-8.1	1001	7.1	4.8-9.4	1002	2.9	1.5-4.2
Female	1362	3.6	2.5-4.7	1361	4.5	3.1-5.8	1363	3.4	2.2-4.6
Age:									
18-24	NA			NA			NA		
25-34	NA			NA			NA		
35-44	678	0.6	0.0-1.1	678	0.4	0.0-0.8	678	0.3	0.0-0.7
45-54	645	1.7	0.6-2.8	646	3.4	0.9-6.0	645	1.1	0.1-2.2
55-64	416	5.0	2.5-7.5	415	7.9	4.4-11.3	418	4.0	1.3-6.7
65+	625	12.8	9.3-16.2	623	12.6	9.1-16.1	624	7.7	5.1-10.3
Education:									
<High School	237	14.4	8.6-20.2	238	10.8	5.6-16.1	238	9.1	4.0-14.2
High School	776	4.8	2.9-6.8	773	6.4	3.5-9.3	776	2.4	1.0-3.8
Some College	660	4.4	2.4-6.5	661	5.5	3.2-7.7	660	3.7	1.8-5.5
College Degree	689	2.7	1.3-4.1	688	3.7	2.0-5.3	689	1.8	0.7-3.0
Income:									
<\$15,000	195	15.6	8.7-22.4	197	10.0	5.2-14.8	197	8.5	3.6-13.3
\$15,000 - \$24,999	456	6.7	3.4-10.1	455	8.1	4.6-11.7	456	2.7	0.8-4.7
\$25,000 - \$49,999	698	2.9	1.5-4.4	697	3.9	1.9-5.8	699	2.5	1.0-4.0
\$50,000 - \$74,999	277	0.7	0.0-1.5	277	6.1	0.7-11.6	277	0.2	0.0-0.4
\$75,000+	186	0.7	0.0-1.8	186	1.0	0.0-2.5	185	0.1	0.0-0.1
Race:									
White, non-Hispanic	2085	4.8	3.7-6.0	2082	5.6	4.3-7.0	2084	3.2	2.2-4.1
Non-white or Hispanic	269	5.8	2.7-8.9	270	7.9	2.8-12.9	271	3.0	0.6-5.4

Figure 6. Take Aspirin Daily or Every Other Day, Montana Adults Aged 35+, 2000.

